



SCHEDULE ALLIANCE JIU JITSU LONDON

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7AM	Mat 1/ Beginner Mat 2/ Private	Mat 1/ Intermediate Mat 2/ Private	Mat 1/ Beginner Mat 2/ Private	Mat 1/ No Gi Interm. Mat 2/ Private	Mat 1/ Beginner Mat 2/ Private	
8:15AM	Mat 1/ No Gi Interm. Mat 2/ Private	Mat 1/ Beginner Mat 2/ Private	Mat 1/ Intermediate Mat 2/ Private	Mat 1/ Beginner Mat 2/ Private	Mat 1/ Intermediate Mat 2/ Private	
9:30AM						Mat 1/ Little eagle
10:15AM						Mat 1/ Intermediate
11AM	Mat 1/ Beginner Mat 2/ Private	Mat 1/ No Gi Interm. Mat 2/ Private	Mat 1/ Beginner Mat 2/ Private	Mat 1/ Intermediate Mat 2/ Private	Mat 1/ Beginner Mat 2/ Private	Mat 1/ No Gi Interm.
12AM	Mat 1/ Intermediate Mat 2/ Private	Mat 1/ Beginner Mat 2/ Private	Mat 1/ No Gi Interm. Mat 2/ Private	Mat 1/ Beginner Mat 2/ Private	Mat 1/ Intermediate Mat 2/ Private	
16AM	Mat 1/ Little eagle	Mat 1/ Eagle Warrior Mat 2/ Private	Mat 1/ Little eagle	Mat 1/ Eagle Warrior Mat 2/ Private	Mat 1/ Baby Eagle Mat 2/ Private	
17AM	Mat 1/ Youth Mat 2/ Private	Mat 1/ Beginner Mat 2/ Private	Mat 1/ Youth Mat 2/ Private	Mat 1/ Beginner Mat 2/ Private	Mat 1/ Youth Mat 2/ Private	
18AM	Mat 1/ Beginner		Mat 1/ Beginner		Mat 1/ Beginner	
19AM	Mat 1/ Intermediate	Mat 1/ Beginner	Mat 1/ Intermediate	Mat 1/ Beginner	Mat 1/ Intermediate	
20AM	Mat 1/ No Gi Interm.	Mat 1/ Beginner	Mat 1/ No Gi Interm.	Mat 1/ Beginner	Mat 1/ No Gi Interm.	